



# **Environmental Epidemiology and Prevention of Mould Infection**

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**Professor of Medicine/Infectious Diseases  
& Pathology**

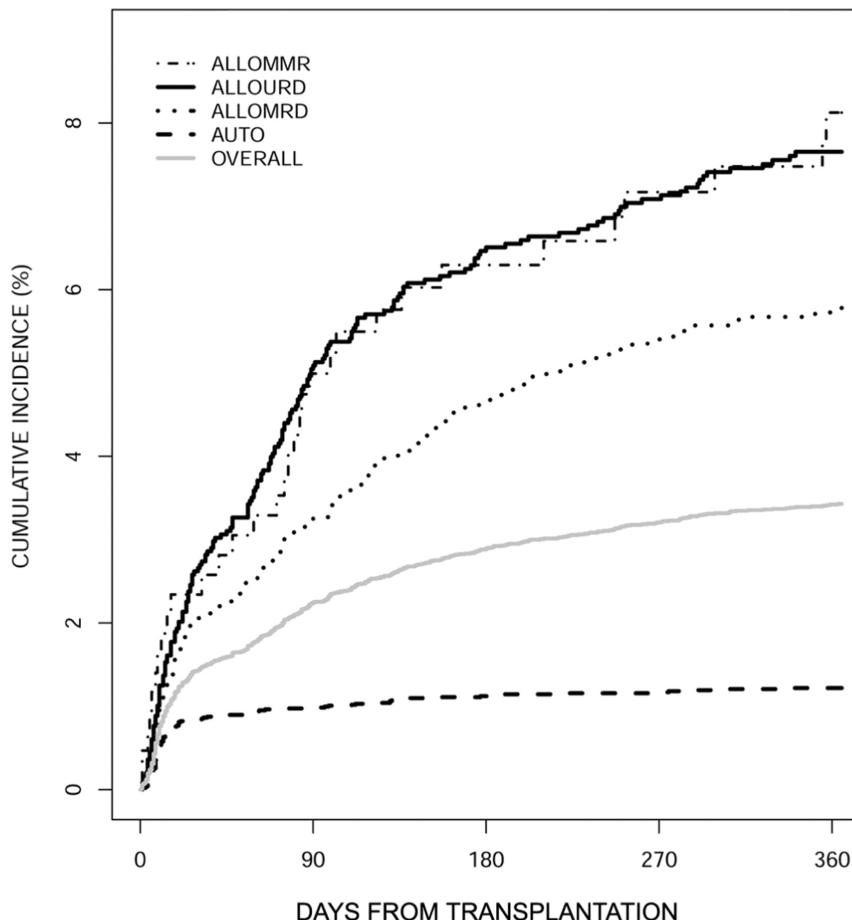
**University of Texas Health Science Center  
at San Antonio**

**Disclosures:**

Consultant to Durata

Spouse: Consultant to Astellas, Toyama, Merck, Durata

# Cumulative incidence curves for IFI HSCT recipients in TRANSNET.



Allogeneic mismatched related  
Allogeneic unrelated  
Allogeneic matched related  
Autologous

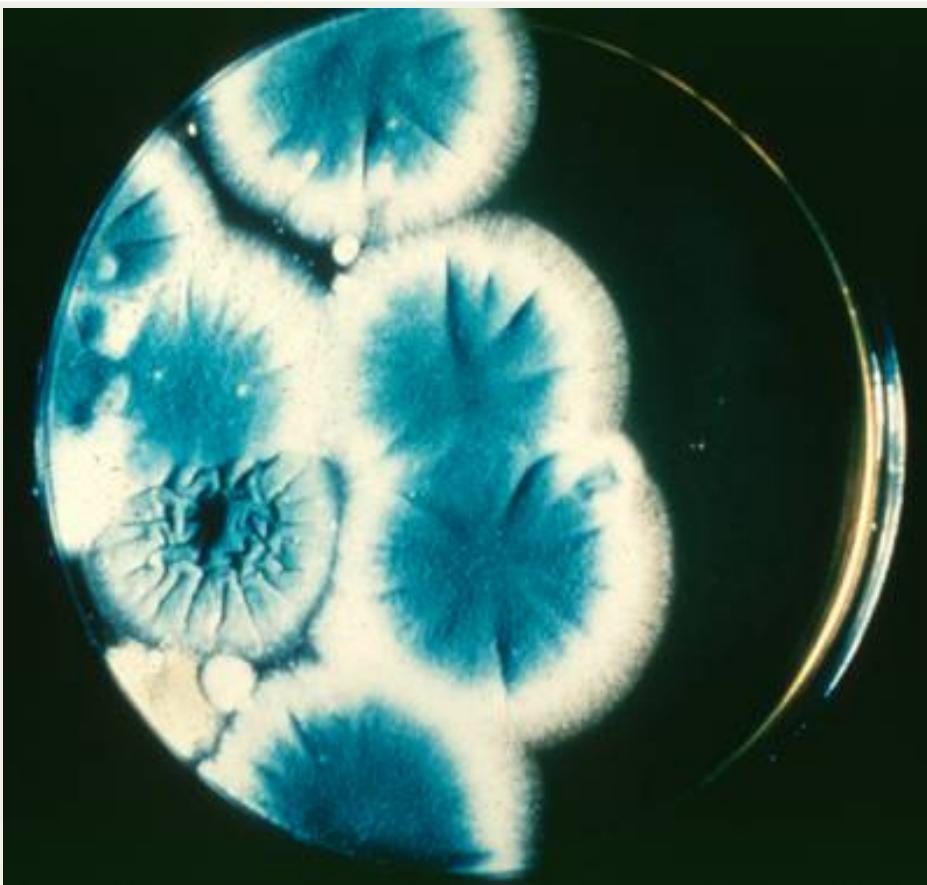
# IFI by Solid Organ Transplant Type

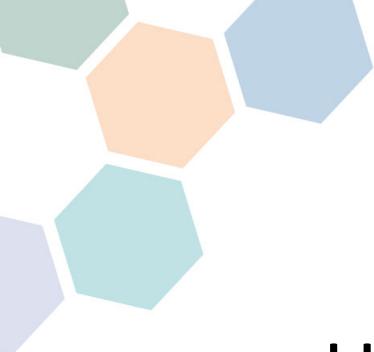
## TRANSNET

IFI type	Kidney (n = 332)	Liver (n = 378)	Pancreas (n = 128)	Lung (n = 248)	Heart (n = 99)	Small bowel (n = 22)
Candidiasis	164 (49)	255 (68)	97 (76)	56 (23)	48 (49)	19 (85)
Aspergillosis	47 (14)	42 (11)	6 (5)	109 (44)	23 (23)	0 (0)
Zygomycosis	8 (2)	9 (2)	0 (0)	8 (3)	3 (3)	0 (0)
Other mold	10 (3.0)	9 (2.4)	4 (3.1)	49 (19.8)	7 (7.1)	0 (0.0)
Unspecified mold	7 (2.1)	8 (2.1)	0 (0.0)	7 (2.8)	2 (2.0)	0 (0.0)
Cryptococcosis	49 (15)	24 (6)	6 (5)	6 (2)	10 (10)	1 (5)
Endemic mycoses	33 (10)	17 (5)	8 (6)	3 (1)	3 (3)	0 (0)
Pneumocystosis	5 (1)	0 (0)	1 (1)	4 (2)	3 (3)	0 (0)
Other yeast	6 (1.8)	9 (2.4)	5 (3.9)	0 (0.0)	0 (0.0)	1 (5)
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Peter G. Pappas et al. Clin Infect Dis. 2010;50:1101-1111

# Invasive Aspergillosis





# *Aspergillus*

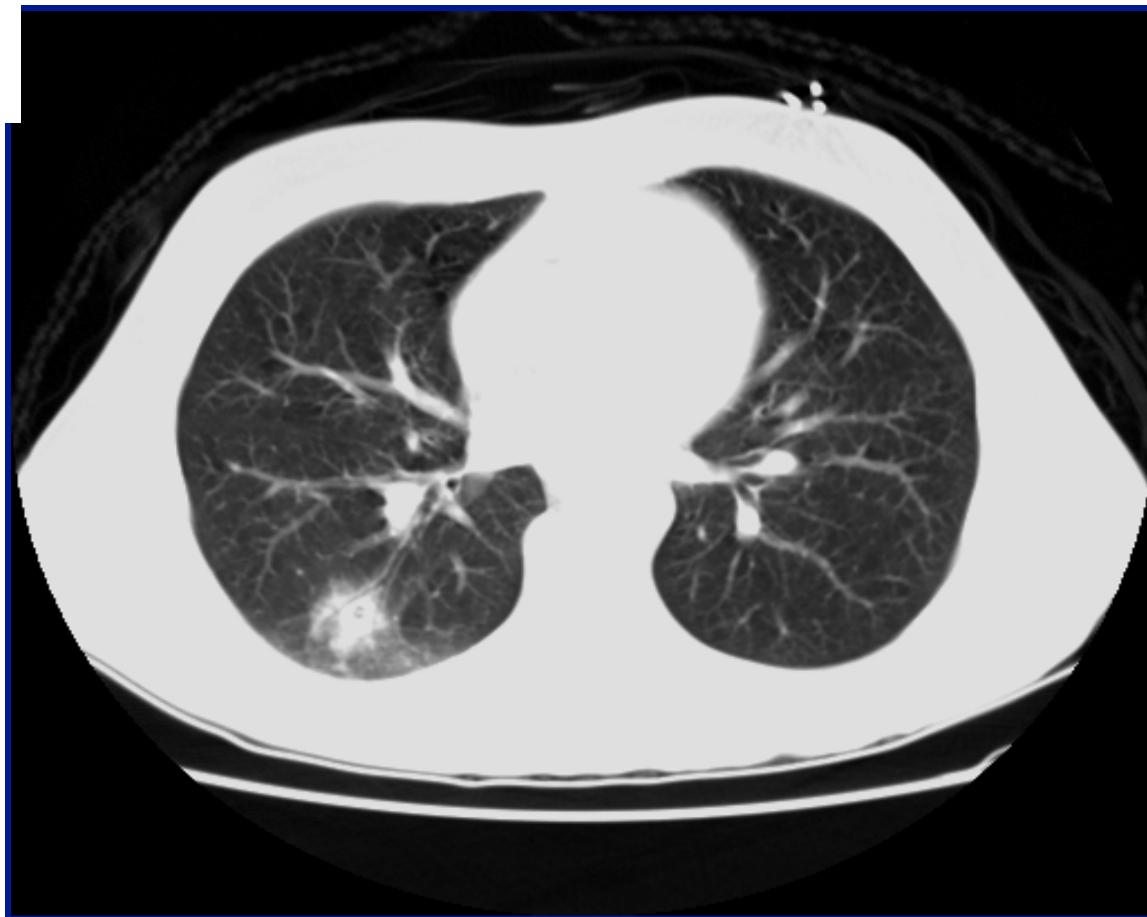
Ubiquitous mold:

- Soil, water, decaying vegetation

Sources

- Unfiltered air/ventilation systems
- Dust from renovation/construction
- Environmental sources
- Food/plants
- Water supply

# Halo Sign





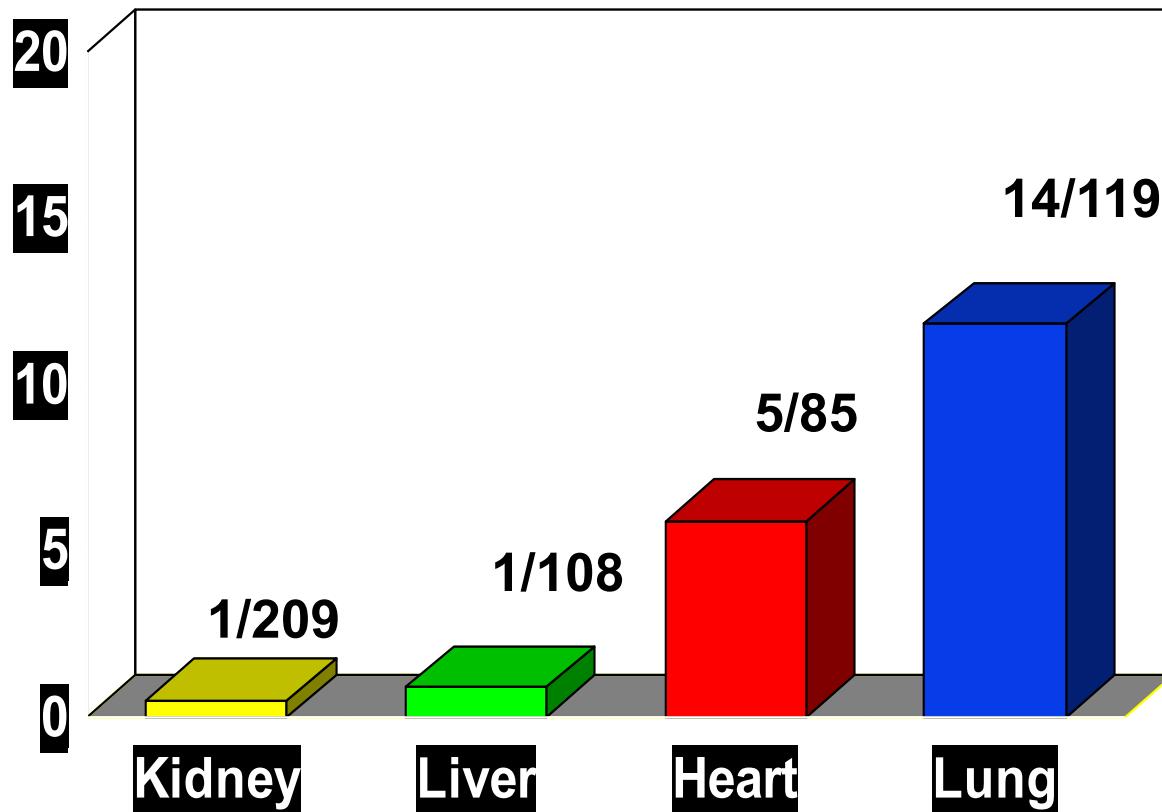
# *Aspergillus* and Construction

- Association between aspergillosis outbreaks and construction
- Environmental controls associated with decreased risk
  - ✓ Maintain negative pressure
  - ✓ Install appropriate barriers
  - ✓ Control traffic in construction areas
  - ✓ Monitoring of airborne spore count

Arnow 1991; Wald 1997; Cornet 1999; Patterson 2000;  
Chang 2008; Berger 2011

# Aspergillosis in Solid Organ Transplant

## UTHSCSA Experience





# Interventions: Aspergillosis in SOT

- Environmental
  - Immediate
    - Removal of carpet, plants
    - HEPA filtration
    - Construction barriers, precautions
  - Long term - New unit
    - Point of use HEPA filtration
    - Positive pressure rooms
    - 15 air changes/hour

Patterson JE et al. Transplant Infect Dis 2000;2:22-8



# Interventions: Aspergillosis in SOT

- Prophylaxis (lung and heart txn)
  - Itraconazole 200 mg BID (capsule)  
X 3 months
  - Monitor levels
  - Itraconazole 200 mg q d (oral solution)
    - Enhanced bioavailability

# Aspergillosis in Solid Organ Transplant

UTHSCSA

Rate	Before (%) 1991-92	After (%) 1993-98	p value
Aspergillus infection SOT	9.4 (8/85)	1.5 (7/452)	p<.05
Attrib. MR in SOT	8.2 (7/85)	1.8 (8/439)	p<.05
Infection/colonization in lung txn	42 (14/33)	22.5 (14/62)	p<.05
Early attrib. MR in lung txn	15 (5/33)	3.2 (2/62)	p<.05

Patterson JE et al Transplant Infect Dis 2000;2:22-8



# *Aspergillus* and Construction

- Multi-barrier concept
  - Seal windows and doors adjacent to construction
  - Dust protection walls erected
  - Facility air positive pressure
  - Doors next to construction site closed
    - Shift entrance
  - Walkways protected from demolition
  - 3-staged external air filtration, including HEPA
  - Soil moistened to minimize dust generation
  - Airborne-particle sampling

Berger Am J Infect Control 2011

Environmental Infection Control MMWR 2003

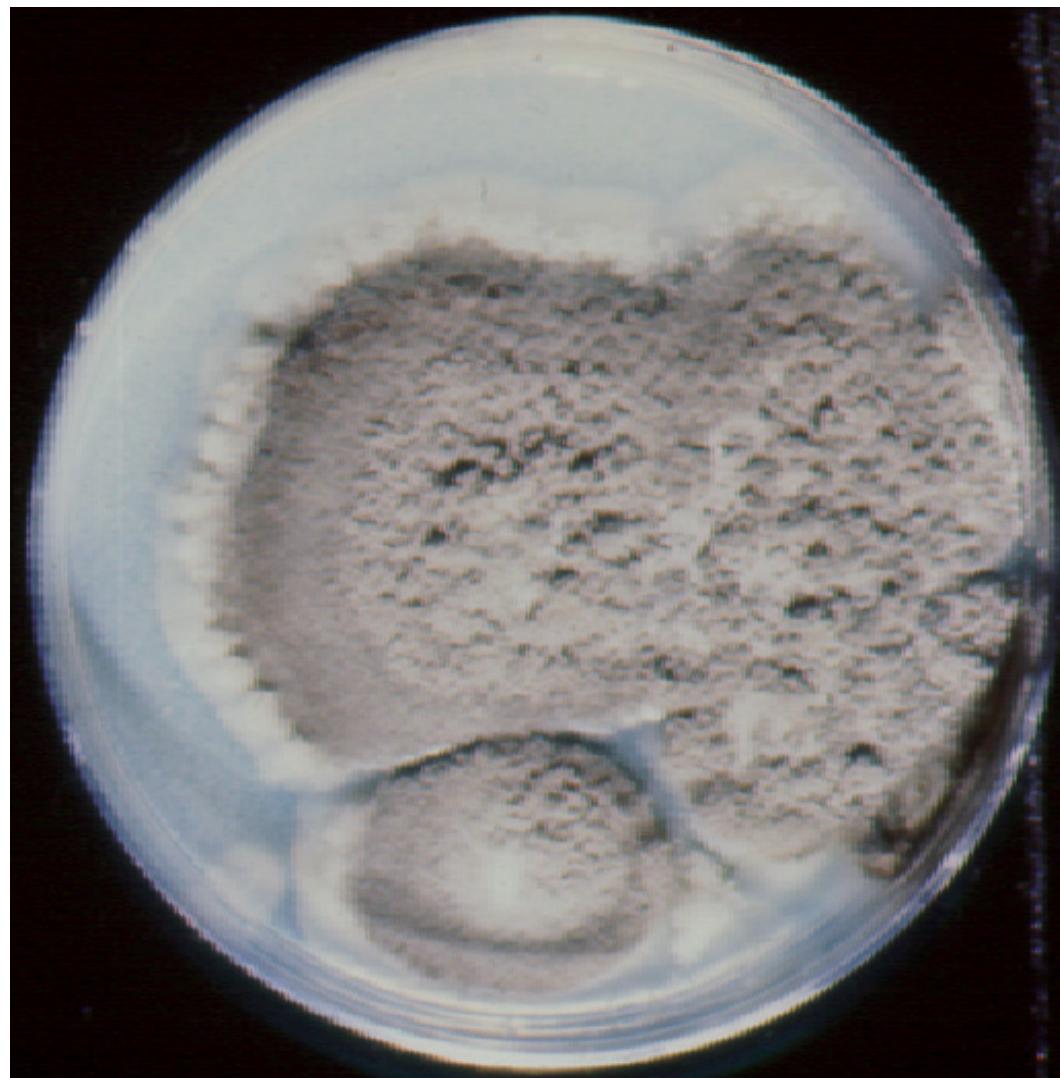
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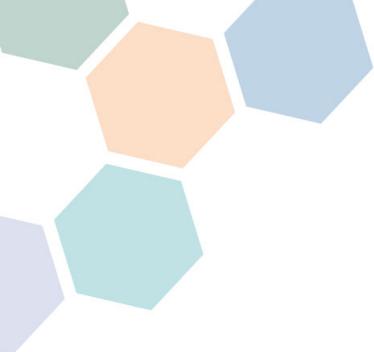
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# Phaeohyphomycosis





# Phaeohyphomycoses

- Etiologic agents
  - *Alternaria* spp., *Bipolaris* spp., *Curvularia* spp., *Exserohilum* spp., *Exophila* spp.
- Mycotic infections caused by dematiaceous fungi (melanin in cell walls)
- Fontana Masson stain
- Tropical, subtropical and temperate climates



# Phaeohyphomycoses in Organ Transplant

- 79% skin/soft tissue or joint
  - 7% MR
  - Predominantly *Exophiala* spp.
- 21% systemic invasive infections
  - 57% MR
  - Brain abscesses (AmB cured 2/5)
  - *Ochroconis* spp., *Dactylaria* spp.

Singh 1997

# Phaeohyphomycoses in TRANSNET

**Table 2.** Site of infection by transplant type.

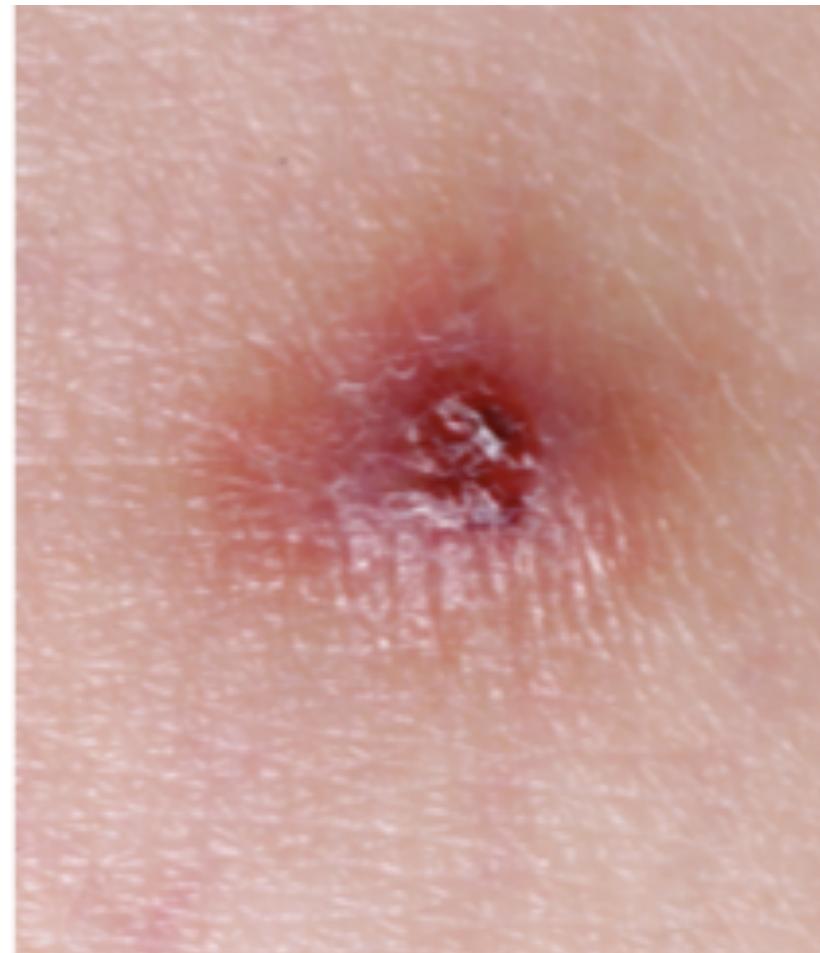
Site	Stem cell transplant n = 26 (%)	Solid organ transplant n = 30 (%)
Pulmonary	15 (57.7)	8 (26.7)
Disseminated	12 (46.2)	19 (63.3)
Cutaneous/SC	6 (23.1)	16 (53.3)
Sinus	6 (23.1)	3 (10)
Bloodstream	3 (11.5)	0
CNS	1 (3.85)	0

# TRANSNET

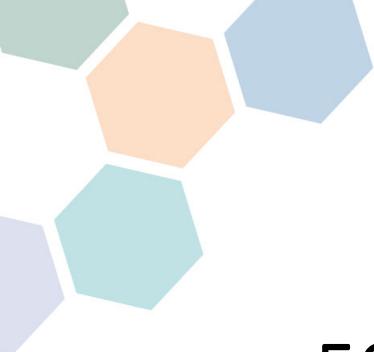
**Table 3.** Organisms causing phaeohyphomycosis.

Organism Genus	Number (%) n = 56	Number of deaths (%)
<i>Alternaria</i>	18 (32.1)	6 (33.3)
<i>Exophiala</i>	6 (10.7)	0
<i>Cladophialophora</i>	5 (8.9)	1 (20)
<i>Scopulariopsis</i>	5 (8.9)	2 (40)
<i>Curvularia</i>	4 (7.1)	1 (25)
<i>Phialemonium</i>	4 (7.1)	1 (25)
<i>Exserohilum</i>	3 (5.4)	1 (33.3)
Sterile Black Mold	3 (5.4)	0
<i>Microascus</i>	2 (3.6)	0
<i>Bipolaris</i>	1 (1.8)	1 (100)
<i>Chaetomium</i>	1 (1.8)	1 (100)
<i>Cladosporium</i>	1 (1.8)	0
<i>Ochroconis</i>	1 (1.8)	0
<i>Phaeoacremonium</i>	1 (1.8)	0
<i>Rhinocladiella</i>	1 (1.8)	0

# *Alternaria* in SOT

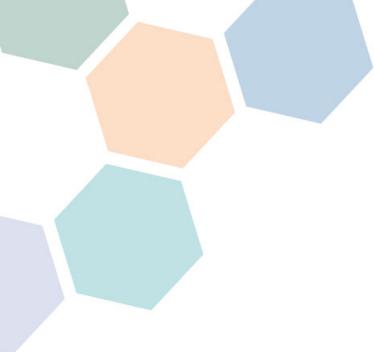


Boyce. Transplant Inf Dis 2010



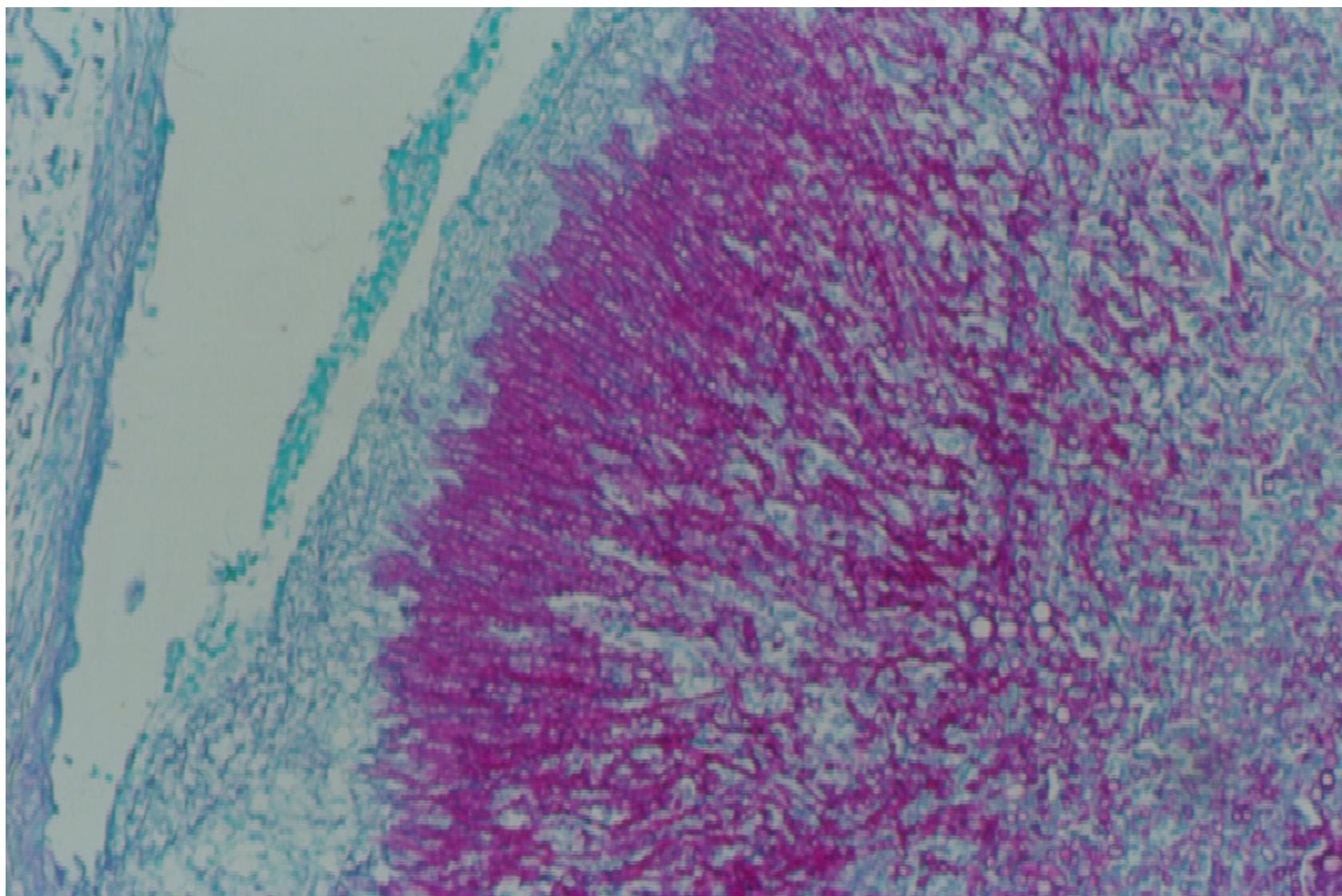
# Case

- 50 yo man with cardiogenic shock
- Heart transplant
  - ventilator pneumonia
  - Ps. aeruginosa* sepsis
- Persistent sepsis, afebrile
- Focal neurologic findings, brain lesions
- Died
  - Autopsy performed



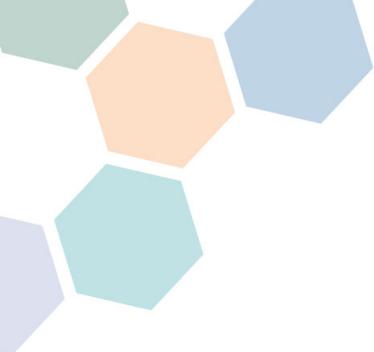
# Case

- Autopsy
  - Disseminated fungal infection
    - Lungs, brain, kidneys, liver
    - “*Aspergillus*”
- Post-mortem and pre-mortem cultures
  - *Bipolaris* spp.



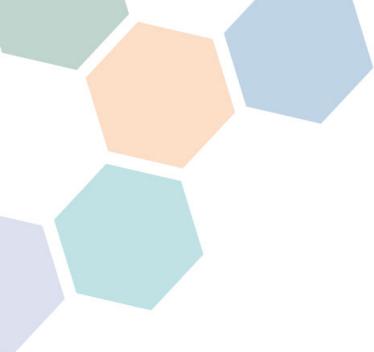
# *Bipolaris*





# Case

- 60 year old man end-stage liver disease
- Liver and kidney transplant
- Complications:
  - hematoma, renal insufficiency
  - persistent fever
  - brownish-black wound exudate
- Wound culture
  - *Exserohilum* spp.
- Evacuated hematoma
  - *Enterococcus* spp.



# Case

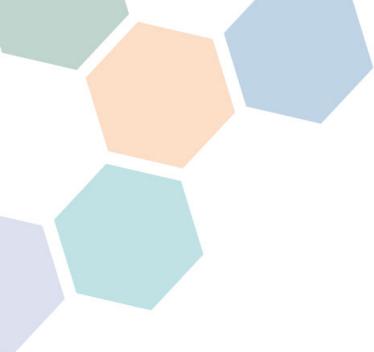
- Recovered after
  - Wound irrigation and local debridement
  - Liposomal amphotericin B
  - Evacuation of hematoma
  - Broad-spectrum antimicrobials
- Epidemiologic investigation done

# Floor sweeper



# Floor Sweeper with dust guard/HEPA





# Invasive Fungal Dermatitis

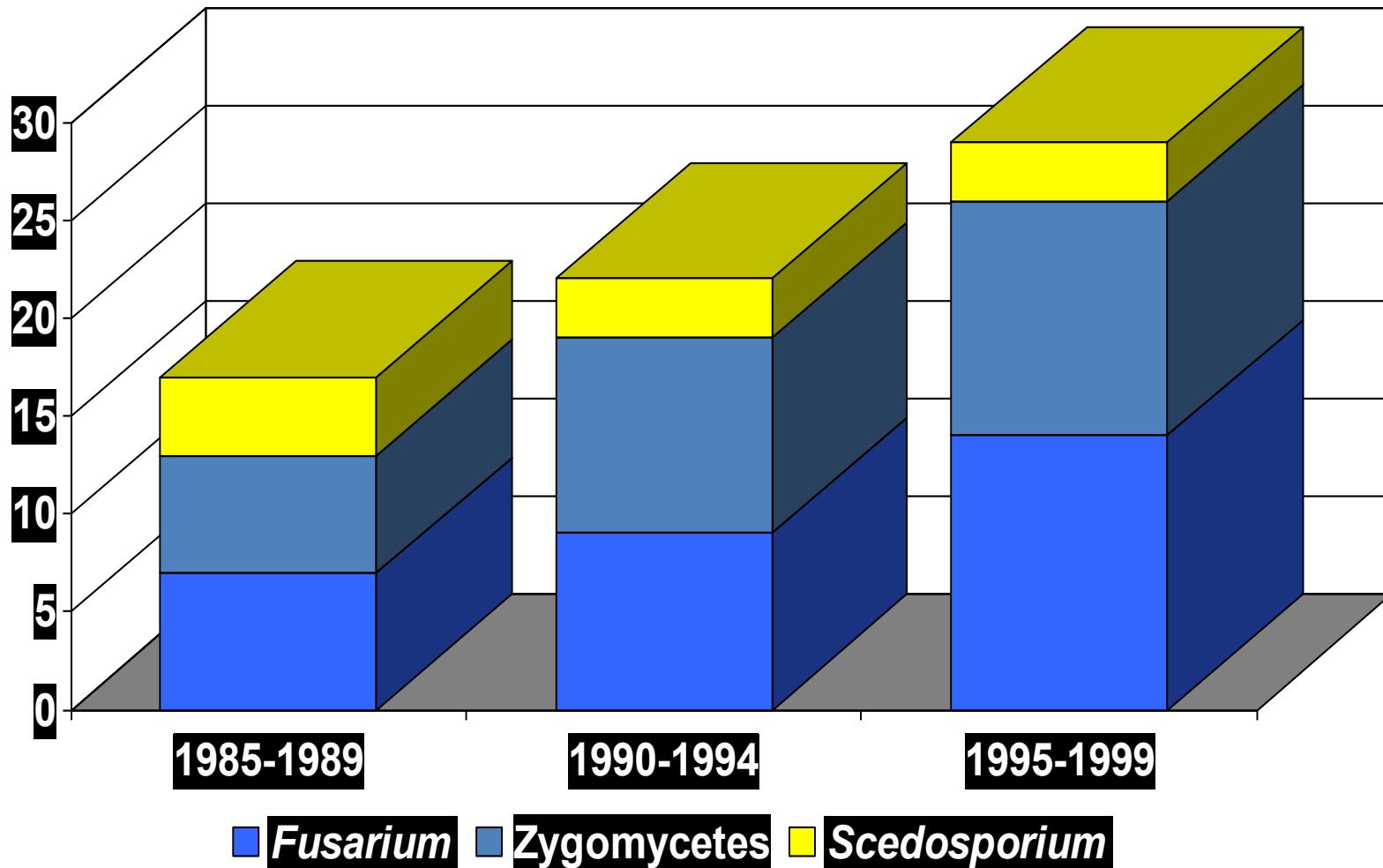
- ELBW infants (<1000 gm)
- Erosive, crusting skin lesions
- High rate of systemic fungal infections (69%)
- Etiologies
  - *C. albicans*
  - Other *Candida* spp.
  - *Aspergillus*
  - *Trichosporon beigelii*
  - *Curvularia* spp., *Bipolaris* spp.

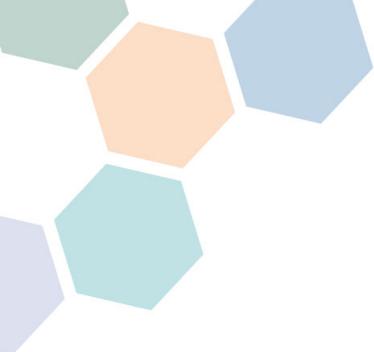
Rowen, Pediatrics 1995

# Invasive fungal dermatitis



# Non-Aspergillus Moulds in Marrow Transplantation





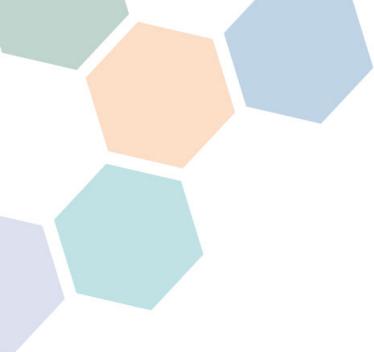
# Emergence of Zygomycetes in allogeneic HSCT recipients

Before introduction of voriconazole	Among patients receiving voriconazole
2 of 370 in 32 months (0.5%) <sup>1</sup>	4 of 124 in 10 months (3.2%) <sup>1</sup>
0 in 36 months <sup>2</sup>	4 of 45 in <12 months (8.9%) <sup>2</sup>
	6 of 139 in 60 months (4.3%) <sup>3</sup>

<sup>1</sup>Marty et al. *N Engl J Med* 2004; 350:950-2

<sup>2</sup>Siwek et al. *Clin Infect Dis* 2004; 39:584-7

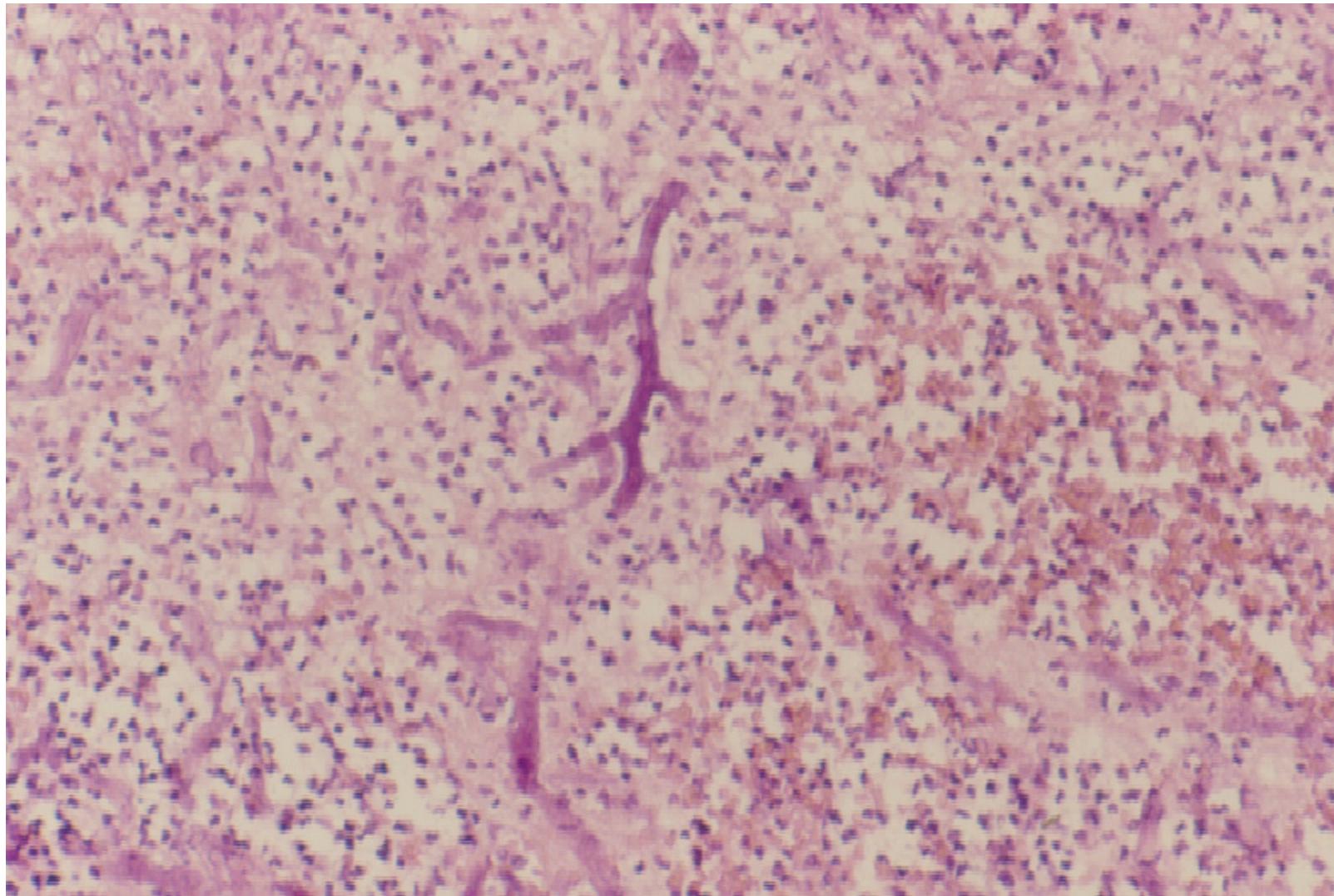
<sup>3</sup>Imhof et al. *Clin Infect Dis* 2004; 39:743-6

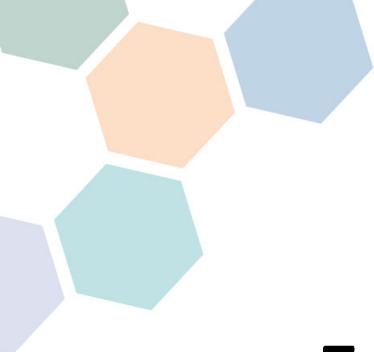


# Case

- 60 yo man in SICU s/p IABP
- Persistent erythema/edema L groin after removal of IABP
- Cultures + *Serratia marcesens*
- Poor response to therapy
- Debridement X 2

# Zygomycosis (*Rhizopus oryzae*)





# *Rhizopus delmar* outbreak

- 5 cases, 11 months
- All fatal
- Childrens' hospital
- Skin sites
- Association w hospital linens
  - Culture positive
- Avoid environmental contamination



# *Rhizopus* spp. Outbreaks

- Contaminated environment
  - Adhesive bandages
  - Hospital linen
- Skin entry, devices
  - Immunocompetent
  - Immunocompromised



# Fusarosis and Hospital Water

- *Fusarium* infections in an oncology center
  - Investigation
    - *Fusarium* isolated from 57% cultures
      - Sink drains, faucet aerators, shower heads, water tank
    - Molecular typing
      - Some patient isolates matched environmental isolates



# *Aspergillus* and Hospital Water

- *Aspergillus* detected in water supply
  - Water-related surfaces (7%)
  - Water samples (24%)
    - Water tank lines, shower drains, shower heads, toilet bowls
  - Higher concentrations in air from bathrooms
- Genetic similarity of one environmental isolate with a patient isolate

Anaissie. Clin Infect Dis 2002;34:780-9



# Healthcare-associated Mould Infections

Hosts:

Immunocompetent & Immunocompromised

Etiologies:

- *Aspergillus* spp.
- Phaeohyphomycoses
  - Exserohilum*, *Bipolaris*, others
- *Mucorales* spp.
- *Fusarium* spp.
- *Scedosporium apiosperma*

# Preventive Measures

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- Protective environment in hospital for high risk patients BMT, severely granulocytopenic
- Minimize fungal spore counts
  - Point-of-use HEPA filtration
  - High rates of room air exchanges (> 12 AC/hr)
  - Directed airflow
  - Positive room air pressure relative to corridor
  - Well-sealed rooms
- Prevention of exposure to construction
- Remove plants, flowers, carpet from rooms
- Use of copper-8-quinolinolate

# Preventive Measures

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## Prevention of exposure to construction

- Seal off transplant unit from construction site
- Clean newly constructed areas before patients enter
- Minimize aerosols
  - HEPA-filtered vacuums
  - Premoistened cloth wipes and mop heads
- Leave room only for essential procedures
- Pt use N95 mask when leaving room during periods of construction
  - And/or avoid areas of construction
- Environmental cultures - not routine

# Dust Control - Contractor Issues



# Dust Control - Contractor Issues



# Dust Control - Maintenance Issues





# Environmental Controls

- Performance measures
  - Infection control risk assessment (ICRA)
  - Interprofessional team
    - Infection control, Engineering, Clinicians
  - Negative pressure in work zones
  - Positive pressure high risk areas
  - Provide construction crews entrances and services
  - Clean work zones daily
  - Frequent inspections for compliance
  - Include requirements in contract



# Surveillance

- Active surveillance for invasive mould infections in immunocompromised pts
- Review microbiology data
- Periodic review of histopathologic and postmortem data
- If case(s) found
  - Epidemiologic investigation
  - Environmental inspection
  - Air sampling (not settle plates)

Environmental Infection Control  
MMWR 2003

# Preventive Measures

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- Outside hospital
  - Chemoprophylaxis
    - Avoid exposure
      - Dusty environments
      - Construction
      - Chicken coops, caves
    - Prophylaxis
    - Avoid foods containing mould (blue cheese, pepper)

CDC guidelines for prevention of pneumonia, 2003;  
MMWR 2000



# Approach to Fungal Infections

## Prevention

- Prospective surveillance
- Prophylaxis
- Pre-emptive therapy

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MAY 2000  
VOL 13 NO 5

# Health Facilities

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## FUNGUS FIGHTERS BATTING NOSOCOMIAL INFECTION RATE