



# Invasive Aspergillosis in India: Unique Challenges

Dr Rajeev Soman  
Consultant Physician  
PD Hinduja Hospital  
Mumbai

# Aspergillus Challenges

Capable of surviving & thriving in all the diverse environmental conditions in India

Few other infectious agents produce such a variety of infectious & allergic syndromes

Diagnosis requires invasive &/or hi-tech procedures

Management requires pharmacological insights

Prevention needs better identification of target populations

# Diagnosis

EORTC/MSG criteria are only for use in clinical studies  
Failure to meet criteria does not rule out IA  
Conceptual framework tempts clinicians to extend it to  
other patient groups & also to make treatment decisions

### Proven IA

Culture from a sterile site or  
Culture (to show *Aspergillus*) & histology (for invasion)  
from a non sterile site  
Difficult due to inaccessibility of the lesion & the  
physiologic condition of the patient

### Probable IPA

Susceptible host  
Compatible clinico-radiologic syndrome  
Mycological test

## Host factors

Conventional neutropenia, immunocompromised states  
Non conventional COPD, ICU, malnutrition, liver disease,  
contaminated IV fluids, needles, ophthalmic surgery,  
IVDU *Chakraborty A Med Mycol 2011;49(1):s35-47*

## Radiologic features

Conventional dense nodule  $\pm$  halo, cavitation, crescent  
Nonspecific in non-neutropenic, overlap with TB  
Availability, cost of HRCT

## Mycological tests

Sensitivity, specificity, availability, cost

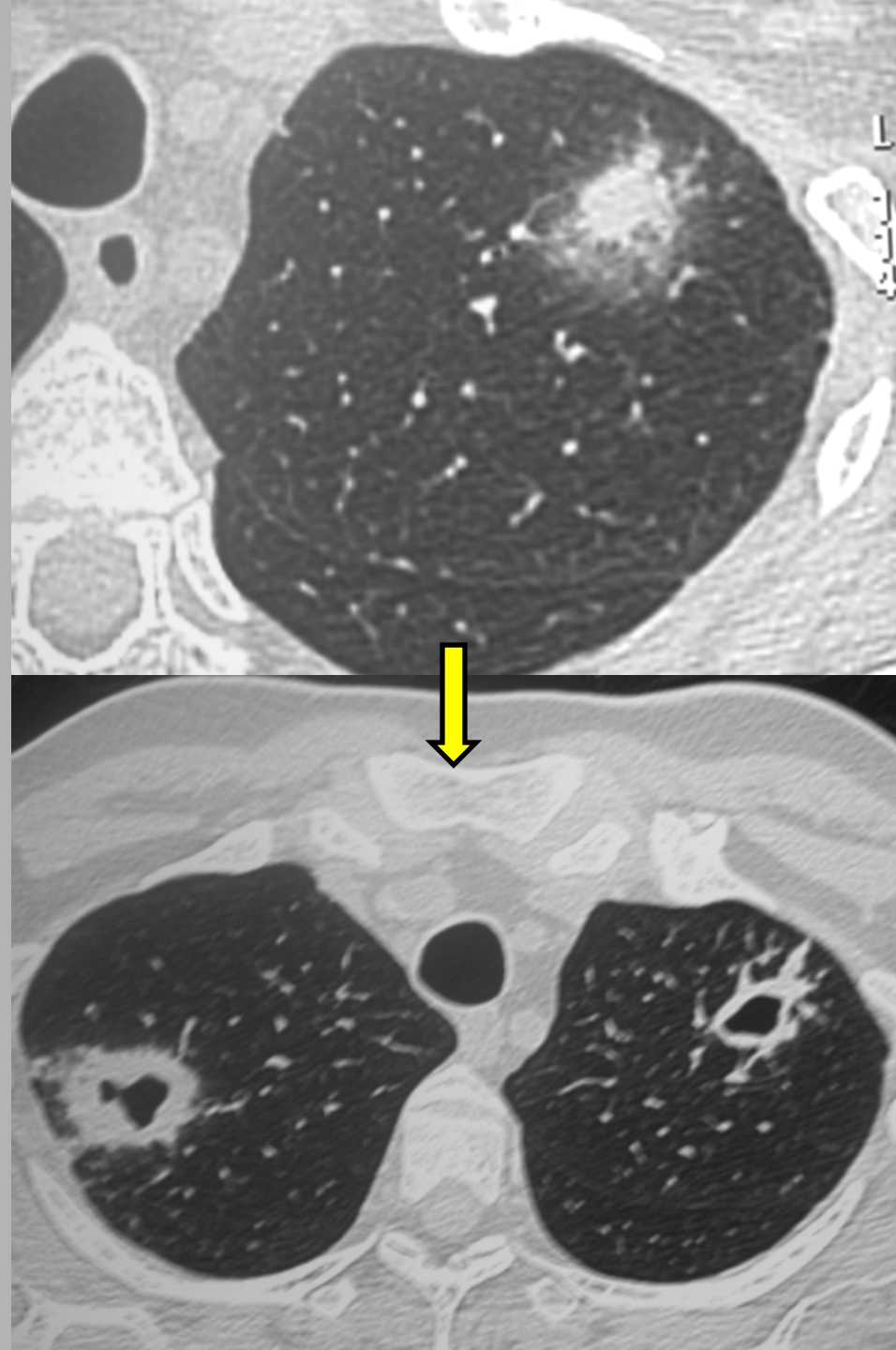


SA 61 M DM LRKT recipient  
Tac MMF Prednisolone  
3m later cough followed by  
fever, hemoptysis after 2 w

Dense nodule, halo sign +ve  
BAL GM not available  
BAL Aspergillus PCR +ve  
Later on crescent like sign  
Treated with Voriconazole

BAL TB MGIT culture turned  
+ve after 6 w

Looked like Possible IPA  
Turned out to be TB



Does a firm alternative diagnosis  
(in a case of Possible IPA)  
lead to a  
rejected diagnosis of IPA?

NP 55 M LRKT recipient  
 7 y post transplant AZA PSN  
 Fever, cough,  
 Looked like miliary TB  
 Turned out IPA & Nocardiosis

Sample BRONCHIAL ALVEOLAR LAVAGE

**GRAM STAIN(PRIMARY)**

Pus Cells OCCASIONAL

Yeast OCCASIONAL

Fungal Filaments VERY OCCASIONAL

**Culture Fungus**

Culture Fungus ASPERGILLUS FUMIGATUS \*

**ASPERGILLUS GALACTOMANNAN**

Test	Result	Units
ASPERGILLUS GALACTOMANNAN		
Patients value	0.70	

Results POSITIVE \*

Comments : Test Method : Immunoenzymatic sandwich microplate assay.

**TRIEHL NIELSON STAIN (AFB)**

Acid Fast Bacilli NOT SEEN

Culture Aerobes NOCARDIA SPECIES \*

\* GRAM STAIN : GRAM POSITIVE BRANCHING FILAMENTS SUGGESTIVE OF NOCARDIA SEEN.  
 MODIFIED ZNCF STAIN : ACID FAST BRANCHING FILAMENTS SUGGESTIVE OF NOCARDIA SEEN.





Radiologic criteria from EORTC MSG

Do not apply well to non neutropenic hosts

CT in IPA in SOT recipients Bilateral nodules 74%,  
consolidation 46%, halo 29%, cavitation 29%,  
air crescent 3% *Alexander BD M IDSA 2009 abstract#406*

Have been commented on as being nonspecific, transient,  
observer dependent, not quantifiable, may worsen with  
treatment & derived from old studies before recent serologic  
tests & preventive therapy

It is proposed that Probable IPA should be diagnosed without  
pre-specified radiologic criteria & greater weight should be  
given to mycological test results *Nucci M CID 2010;51:1273-80*

## Mycological tests also have limitations

Smear, culture has suboptimal sensitivity & specificity

PPV varies from 17-72%, > 2 colonies has a high PPV

PCR can be false +ve due to conidia colonizing the airways

GM is released from growing hyphae, may provide a better evidence of actual infection

*Maertens J Aspergillosis: from Diagnosis to Prevention 2010*

Needs to be performed on site, 3/w, cost constraints

*Neofytos D Editorial CID 2010;51:1281-3*

False +ve Pip tazo, especially generic (but less likely with BAL GM), lab contamination, rare pathogens (*Penicillium*)

False –ve In non-neutropenic, with mould active prophylaxis, with *Aspergillus* tracheobronchitis

In neutropenic GM (index) BAL 100% (1) serum 90% (0.5)

In non neutropenic GM BAL 94.7% serum 36.8%

*Maertens J CID 2010;50:1071-2*

Due to lesser number of hyphae, smaller zone of infarction  
& more WBC in peripheral blood

More likely +ve in patients with hemoptysis 52% vs 9%

*Park SY CID 2011;52:e149*

OD >0.5 serum, >1 BAL *Maertens J CID 2010;50:1071-2*

Dynamic cut off 2 values > 0.5 or 1 of > 0.8

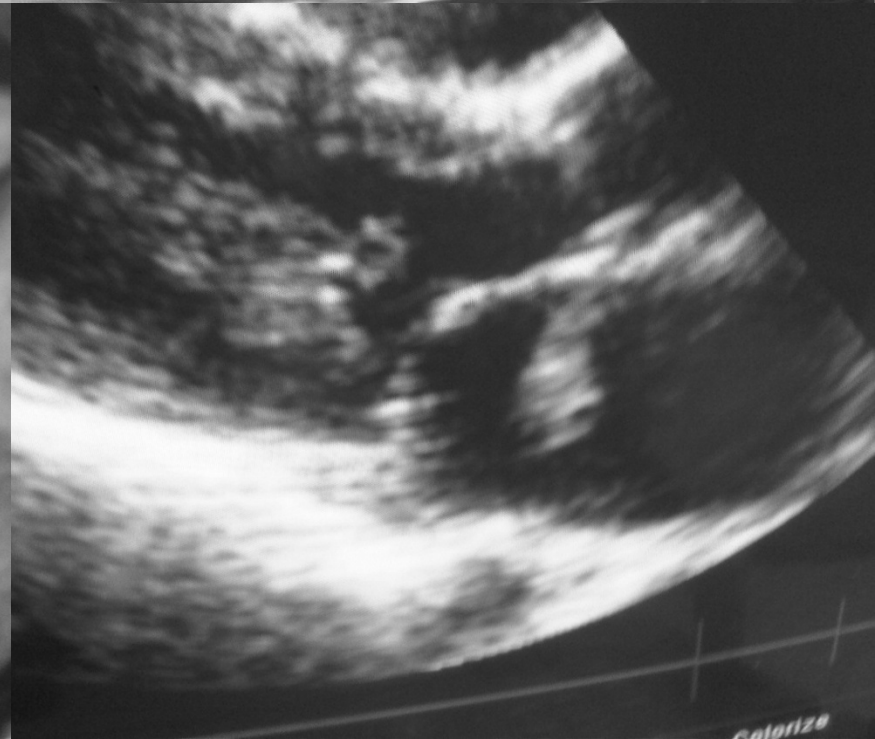
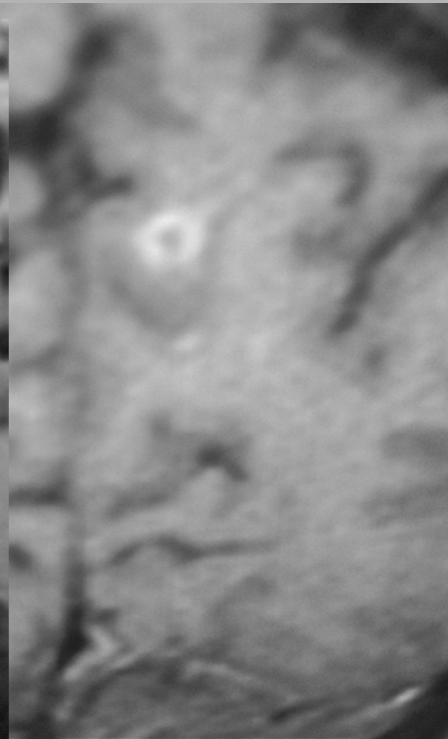
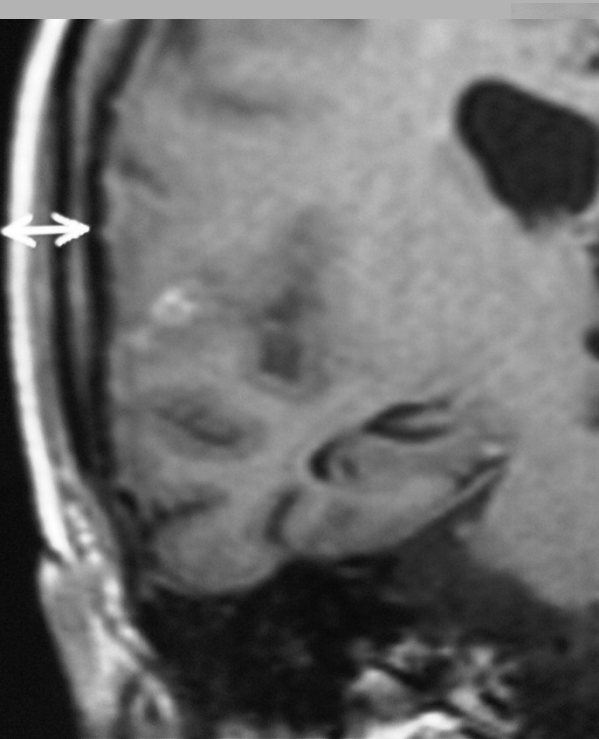
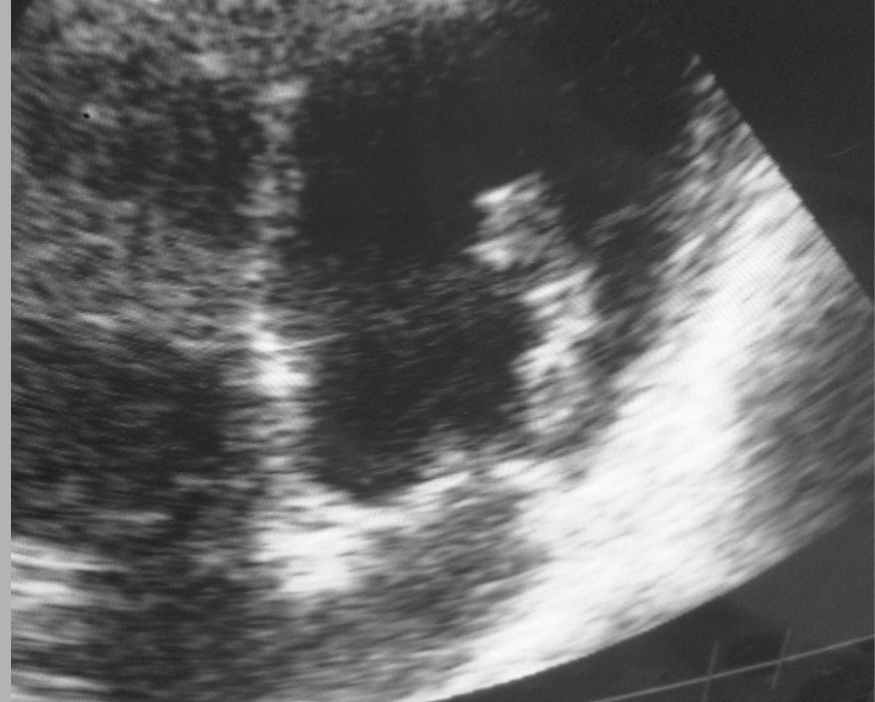
*Maertens J Br J Haematol 2004;126:852-60*

Different thresholds for different patients, samples &  
purposes such as screening or supporting the diagnosis

*Donnelly JP CID 2010;50:1070-1*

Management

JM 55 F SLE on PSN AZA  
Presented elsewhere with  
dyspnea, no fever  
4 blood cultures –ve  
thought to be LSE or myxoma  
Severe headache thought to  
be tuberculomas started ATT





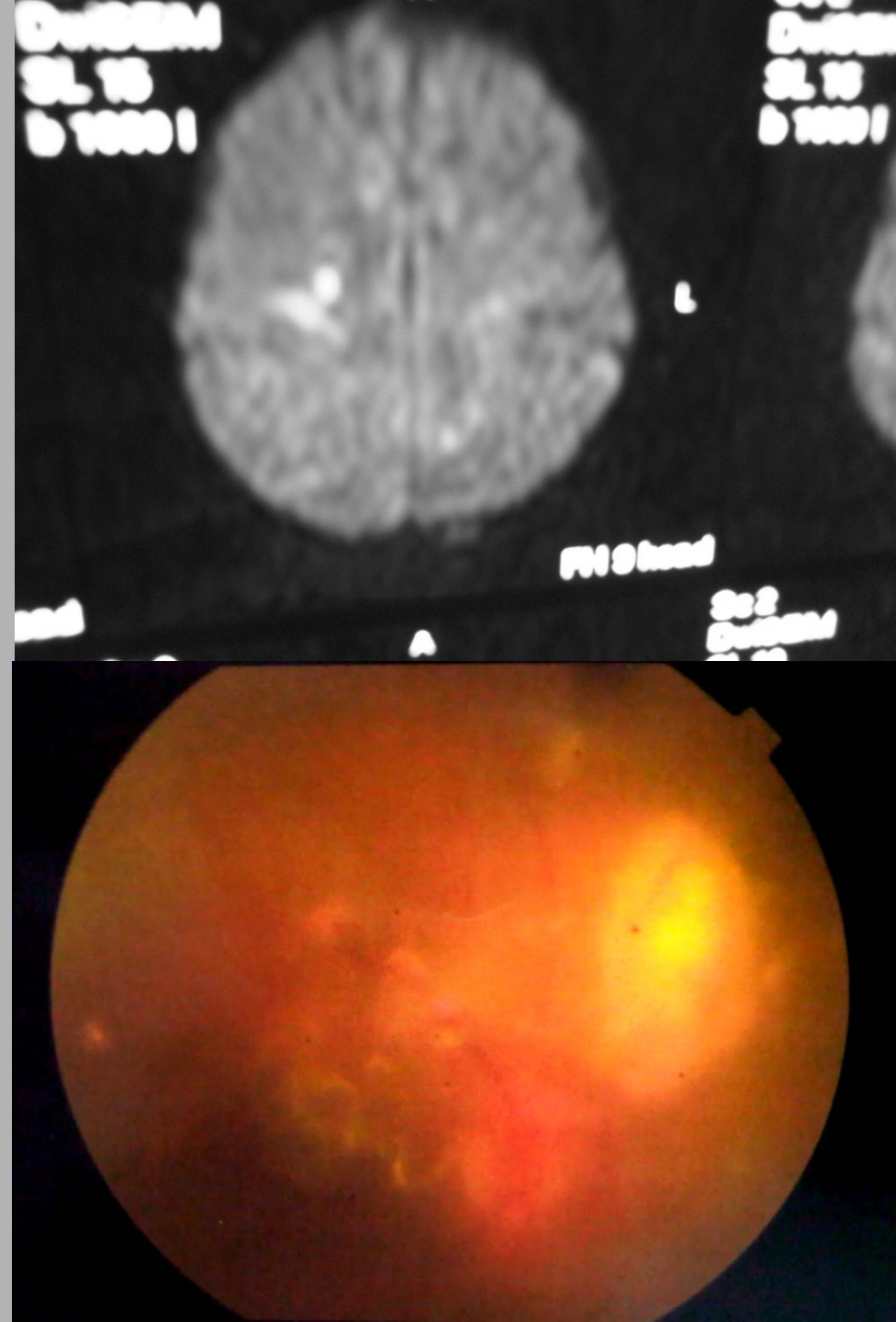
Presented to PDHNNH 7 d  
later with sudden blindness

History revealed headache  
was of sudden onset

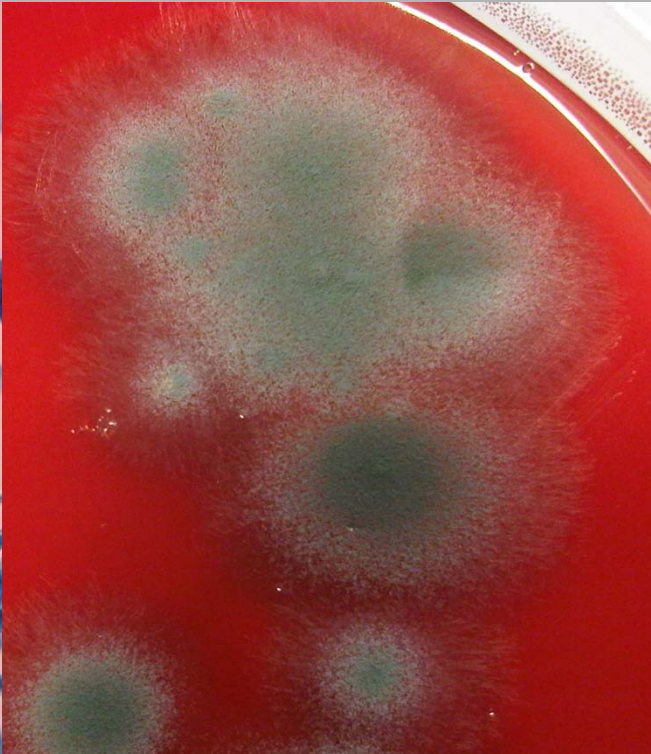
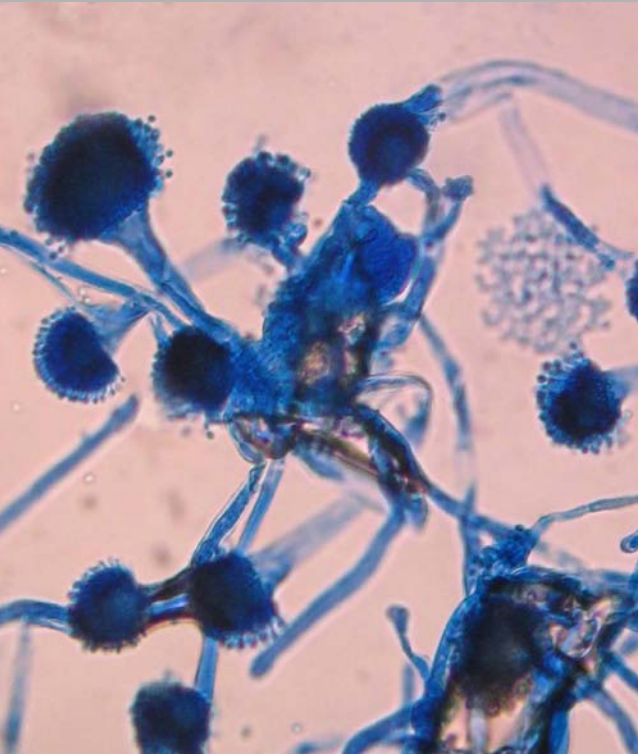
Diffusion weighted image  
showed infarct pattern

Vitrectomy L eye  
string of pearls appearance  
& necrotic retina  
Suspected Aspergillus IE &  
emboli

ATT was withdrawn  
Voriconazole started



At surgery, large vegetations,  
papillary muscle abscess,  
vegetations en plaque on  
the LV free wall, MVR done  
High dose Voriconazole  
maintained & Caspofungin  
added



Voriconazole drug of choice, clinical experience, cidal for Aspergillus, ocular & CNS penetration

But was on Rifampin for 7 d which reduces Voriconazole levels by 95%, TDM not available

AmB inferior results compared to Voriconazole but some uncertainty exists

Echinocandins not clearly cidal, no ocular & CNS penetration

Potential benefit of combination may be best realized in patients who are at the highest risk of adverse outcome

*Singh N Am J Transplantation 2009;9(4):s180-91*

Surgery & immunomodulation are important



Dr AK 68 M

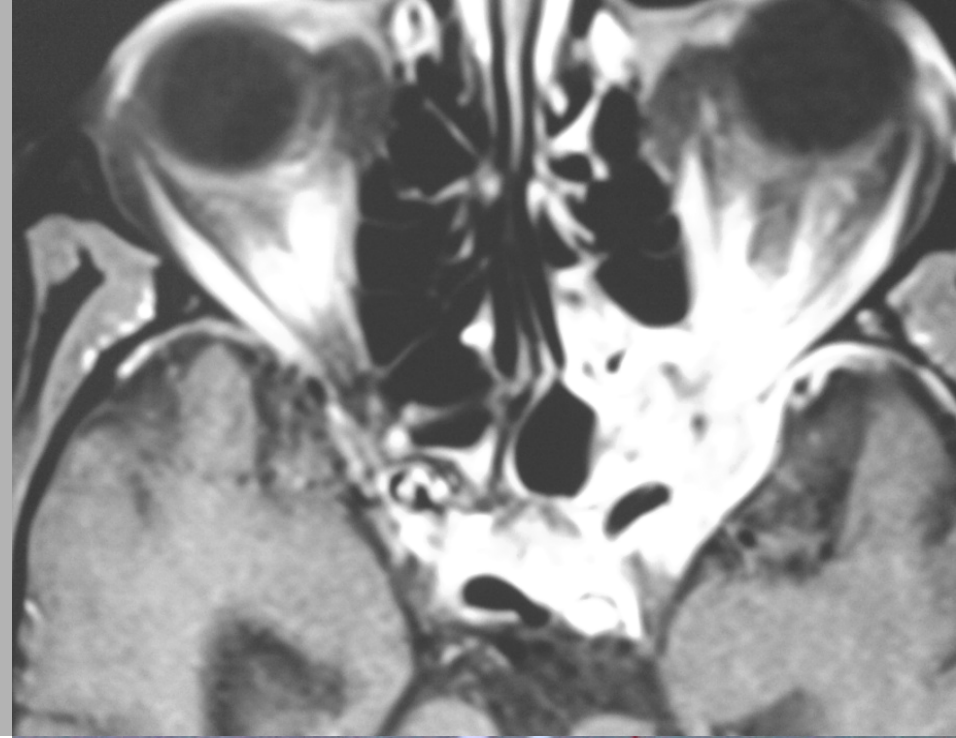
Granulomatous invasive  
fungal rhino sinusitis (FRS)

Long duration > 3m

dense fibrotic reaction,  
scanty hyphae

*Chakraborty A*

*Laryngoscope 2009;119:1809-18*



Tab AKurit 4. 3tab-9am  
Zoclon (150) 0-1-0  
2pm  
Tab. Erissewin (250) 1-0  
Tab Wysolone (10) 1-1  
Tab. Blong 1-0



# Aspergillus keratitis

Agriculture & outdoor workers exposed to dust, vegetable matter, injury due to tree branches, swish of a cow's tail

Ocular procedures

Scrapings for smear, culture

Local & systemic antifungal therapy

Surgery





The drugs for IA have important limitations related to GI absorption, interactions, penetration into various body sites & ADR

They are available in this country ahead of adequate diagnostics & knowledge about their use

There is a wide range in the cost & possibly also of biological activity of products available from various pharmaceutical companies

This has led to inappropriate use, therapeutic failures & an enhanced need for TDM

The prolonged duration of treatment poses further practical difficulties

# Prevention

High risk groups who demonstrably benefit  
Profound, prolonged neutropenia, lung transplant & some  
liver transplant recipients  
Aerosolized L AmB, Voriconazole, Posaconazole

Warm, dry weather allows greater dispersal of the  
hydrophobic spores

Targeted prophylaxis at times of high spore circulation &  
in the presence of severe immunosuppression

*Viscoli C CID 2010;50:1598-600*

Asepsis & infection control both in the hospital & in  
community medicine

# Conclusion

More awareness about IA as a disease

Unique epidemiology

Better diagnostics

Expertise in management

Targeted preventive strategies

Resource limitation



